

*"The deeper I seek freedom, the less I seem to know, the more I am able to give myself up to simply experiencing. All the time I sense there is something 'new' that is waiting to come in, something that has perhaps never been embodied before. I wish to give myself to that act of creation."*



David Crean

Therapist and teacher of heart-centred work, David has travelled all over the world working with people from all walks of life - children, business leaders, therapists, refugees and people in prisons.

The work of Body Resonance grew out of his own healing journey which began in the theatre where he worked as an actor and director. Fascinated with the connection between mind, body and spirit, David studied with a wide variety of teachers, from doctors and chiropractors to native Canadian elders and spiritual teachers.

He is trained in a number of therapeutic techniques for body and voice (including CranioSacral Therapy, Alexander Technique, Laban and Feldenkrais among others).

A remarkable healer with deeply healing empathic skills, David seeks to encourage each person to recognize and develop their individual potential and to discover ease beyond physical or emotional suffering.



For information on course dates, location and costs: please see insert.

For further information and booking, contact:  
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# Body Resonance

A Quantum Medicine Approach

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### A Quantum Medicine Approach

Body Resonance is an individual and collective journey in conscious living. It is a training in all aspects of our lives, guiding us to value and enrich our existence. This journey encourages the potential of our free and loving nature. Individually and together we discover the art of being.

Body Resonance is a means rather than a technique. The aim is to reinstate a sacred and simple vision of the profession of healing as a vocation which supports unlimited creativity, and which can lead the individual to emancipation from limited concepts and habitual tendencies.

Body Resonance begins with the premise that there is no 'out there', there is only 'here', just as there is only 'now'. From this ground a healing field arises. We open to the empty space through which healing can occur.

Body Resonance is an invitation to become aware of and let go of our own boundaries; and to recognize that this is a powerful healing which transmits and encourages others to the same. Body Resonance is a reminder that the true healer leads by example.



### A Seminar for Professionals

This series of further education is directed to everyone working in the field of health who wishes to discover their own untapped potential in their work with people.

The challenge will be to let go of all ideas and concepts you have about yourself and your work. From within a space of "not knowing" each participant deepens their experience of and connection to the wisdom of the body; and the body - in connection with all that is - directs the process of healing.

When we move from asking the question "Why is this so?" to "How am I participating?", we undergo a transformation from resistance to acceptance and we become more fully in connection with the healing field.

The emphasis of these workshops is experiential within the theoretical framework of Body Resonance and quantum medicine.

### The Seminar Series

This 6 part series consists of 5 weekend seminars and a final 5 day intensive workshop.

Part 1: Source of Experience

Part 2: Creating my Reality

Part 3: Self-Care for the Healer

Part 4: Beyond Projection

Part 5: Witness to Possibility

Part 6: Not knowing – exploring the quantum mind

For full description please see web site or contact the organizer.



Participation is open to all who work in the field of healthcare and/or counselling; for example doctors, nurses, therapists, psychologists, masseurs, body workers, social workers, care-givers... the list goes on.

This series has been developed as a sequence. Participants may book a single module or elect to book several so long as the prior modules have been attended. There is no time limit to finish the course.

Upon completion of the series participants will be able to integrate Body Resonance uniquely into their own work.

